

# **The Loyola Chapel**



## **What is it?**

**A multi-purpose space for personal development, social engagement, arts, spiritual practice, dialogue, community events, and much more!**

## **What happens there?**

**Regular Events (winter term 2011) open to all:**

**Yoga (Recreation and Athletics)    Mon & Wed 12 - 1 PM**

**Eucharistic Adoration (CSA)            Tue 2:45 - 4:30 PM**

**Roman Catholic Mass            Thu 12 - 1PM & Sun 5 - 6 PM**

**Insight (Vipassana) Meditation    Thu 5:30 - 7 PM**

**“The Flow” (dance) last Friday of the month 8 - 11:30 PM**

### **Less Regular Events:**

**Concerts, film screenings, fundraisers, music practice, talent showcases, receptions, piano recitals, art projects, lectures, drumming, rehearsals (theatre, music, choir), multi-faith events and ceremonies, etc.**

# **The Loyola Chapel Initiative**

## **VISION**

A vibrant centre at Concordia dedicated to the cultivation of the spirit and development of the whole person, inspired by the chapel's history as a sacred gathering place for contemplation, peace, and social engagement.

## **MISSION**

The Loyola Chapel provides an inclusive space that promotes wisdom, unity, and wellness through an interface of arts and spirituality. Its mission is to nurture human development and social engagement by providing opportunities to integrate mind, body, heart, and spirit - in self and society. And, it offers a multi-disciplinary venue for diverse programming initiatives for Concordia and local communities.

## **CORE VALUES**

We promote values that contribute to fostering greater harmony and well-being in self and community. The Loyola Chapel values openness and respect, diversity and unity, innovation and tradition, peace and interconnectedness, compassion and responsibility through engagement with the community.





## **FOCUS AREAS:**

### ***Religious dimensions***

- inter-religious & inter-faith dialogue, prayer, forum to explore the world's wisdom traditions, ceremonies, liturgies...

### ***Contemplative education***

- meditation and mindfulness-based practices, rituals, learning exchanges...

### ***History***

- honouring the history and heritage of the chapel – an exhibition project

### ***Integral Health***

- yoga, self-help groups, healing arts, wellness programs...

### ***Creative Arts***

- using art, music, dance, theatre, film... as an expression of the sacred

### ***Sustainability***

- sustainability initiatives, greening the chapel, interdependence, environmental ethics, leadership...

### ***Service/Outreach***

- community engagement, peace initiatives, global ethics, projects that serve the common good

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The Loyola Chapel is presently undergoing a transformation to meet the diverse needs of Concordia's multicultural community. Your input would be greatly appreciated.

For more details and to find out how you can get involved come check out the beautiful space and meet the staff:

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Our office is located at the back of the Chapel, facing the east FC-109.

